

## Region 159 Coaches Training 2010

<b>Date</b>	<b>Course</b>	<b>Time</b>	<b>Location</b>
Sat. 7/17	U10	9:00 am – 12:30 pm	Rush Park
Sat. 7/17	U12	12.30 pm - 5:30 pm	Rush Park
Sat 7/24	U6 / U8	9:00 am - Noon	Rush Park
Sat. 7/24	U10	12:30 pm – 4:00 pm	Rush Park
Sat. 7/31	U12	9:00 am – 2.00 pm	Rush Park
Sat. 7/31	U6 / U8	2.00 pm – 5:30 pm	Rush Park
August	U6 to U12	Possible Make Up	TBD

Come dressed to play soccer (wear shin guards, cleats or athletic shoes). Bring plenty of water, a soccer ball, pen and paper.

<b>Advanced Coaching Course- Must attend all 3 days*</b> <b>(Required for U16 and above)</b>			
<b>Date</b>	<b>Course</b>	<b>Time</b>	<b>Location</b>
Fri. 7/30	Advanced	6.00 pm – 10.00 pm	Cypress
Sat. 7/31	Advanced	8.00 am – 4.00 pm	Cypress
Sun. 8/1	Advanced	8.00 am – 3.00 pm	Cypress

\*Intermediate Coaching Course is a prerequisite.

Find registration info on Area E website - [www.area11e.org](http://www.area11e.org)

<b>Intermediate Coaching Course-Must attend all 3 days*</b> <b>(Required for U14 and above)</b>			
<b>Date</b>	<b>Course</b>	<b>Time</b>	<b>Location</b>
Fri. 8/13	Intermediate	6.00 pm – 10.00 pm	W. Garden Grove
Sat. 8/14	Intermediate	8.00 am – 4.00 pm	W. Garden Grove
Sun. 8/15	Intermediate	8.00 am – 3.00 pm	W. Garden Grove

\*U12 Coaching Course is a prerequisite.

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